

# ANCHORS AWEIGH

Escapades  
Memphémagog

## APPETIZER OPTIONS

A duo of freshly baked viennoiseries, red berry and citrus yogurt parfait, house-made granola with almonds, pumpkin and sunflower seeds

**Contains: eggs, dairy, nuts, wheat**

Endive & chicory salad, cucumber, heirloom carrots, green apple, edamame, toasted almonds, ponzu-pomegranate dressing

**Contains: mustard, nuts, soy**

Golden puff pastry of grilled vegetables, green herb pesto  
(summer – May 1 to August 31)

**Contains: nuts, soy, wheat**

Velouté of squash, carrot & maple  
(fall – September 1 to October 31)

**Contains: dairy**

Venison, duck & pork terrine infused with Calvados, Québec cranberry compote, dune pepper and thyme, served with focaccia crostini

**Contains: eggs, dairy, mustard, soy, sulfites, wheat**

## MAIN COURSE OPTIONS

Duck confit eggs Benedict, brioche, forest mushrooms, wilted spinach, crispy leeks

**Contains: dairy, eggs, wheat**

Vanilla Belgian waffles, raspberries, apple compote, lemon mascarpone cream, caramelized pecans, dark chocolate

**Contains: dairy, eggs, nuts, soy, wheat**

Local trout fillet (Les Bobines), Israeli couscous with crisp vegetables, herb vinaigrette

**Contains: wheat**

Stuffed chicken supreme with dates and bacon, creamy balsamic sauce, sweet potato purée, broccolinis

**Contains: dairy**

Mushroom & lentil crisp puff pastry, confit red onions, vegan feta, black garlic jus, kale and toasted almond salad

**Contains: nuts, soy, sulfites, wheat**

## DESSERT OPTIONS

Basque cheesecake, lime gelée, pistachio granola

**Contains: dairy, eggs, nuts**

—

Classic tiramisu

**Contains: dairy, eggs, soy, wheat**

—

Apple tartlet, Coaticook vanilla ice cream, fleur de sel caramel

**Contains: dairy, eggs, nuts, wheat**

—

*A gluten-free and lactose-free dessert option is available upon request.*

Served with regular coffee, tea or herbal infusion.

## CHILDREN'S MENU (12 and under)

### APPETIZER

Fresh baked pastry

**Contains: eggs, wheat**

### MAIN COURSE

Cheese tortellini, house tomato sauce, parmesan

**Contains: dairy, eggs, wheat**

### DESSERT

Chocolate caramel brownie

**Contains: dairy, eggs, soy, wheat**

Kindly submit your meal selections at least **7 days prior** to your cruise. Failing this, selections will be made by our chef. Please let us know about any **allergies or intolerances**.