



A PAL+ EXPERIENCE

2024 MENU Anchors Aweigh

CHILDREN'S MENU (12 AND UNDER

Appetizer

(*)

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(60) (\$)

(\$)

(B)

(\$) (M)

Cheese sticks, crudités and dip	Ø
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Main Course	
Cheese tortellini, rosé sauce	B B
	••••
Dessert	
Chocolate brownie, strawberry coulis, fresh f	fruit

Main Course Options

balsamic reduction, arugula

Appetizer Options

puffed quinoa, basil vinaigrette

Tomato, strawberry and feta cheese salad,

Yogurt and coconut milk panna cotta, fresh and compote pineapple, granola

Waffles with herb confit duck from Lac Brome, soft-boiled egg, asparagus, Hollandaise sauce, chive sour cream

Local rainbow trout fillet, lemon confit and herb quinoa, tomato and sea buckthorn virgin sauce, black olive puree, fried capers

Caramelized onion and apple tartlet, Madelaine sheep

milk cheese, sunflower seeds, sliced almonds,

Flatbread, Quebec lamb, roasted squash, feta cheese, pine nuts, red onions, arugula, dukkah spices, yogurt sauce

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General Tao-style fried tempeh, basmati rice, seasonal vegetables

Dessert Options

Salted caramel mousse, butternut squash puree with ginger, fresh fruit
– Chocolate cake, blackberry jam, fresh fruit
— Vanilla cheesecake, black cherry coulis, fresh fruit
Served with regular coffee, tea or herbal tea



You must send us the choice of meal for each passenger at your table at least **7 days before** your departure. If we do not receive your choices, the dishes served will be our Chef's choice.