



A PAL+ EXPERIENCE

2024 MENU Anchors Aweigh

CHILDREN'S MENU (12 AND UNDER)

Appetizer

| Cheese sticks, crudités and dip | Þ |
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| Main Course | R R |
| Cheese tortellini, rosé sauce | |
| Dessert | |
| Belgian chocolate-stuffed waffle, strav coulis, fresh fruit | wberry |
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| LEGEND | |
| 🕐 Lactose free 🧭 Vegetarian | 🮯 Vegan |
| Gluten free Gluten free option available | |

You must send us the choice of meal for each passenger at your table at least **7 days before** your departure. If we do not receive your choices, the dishes served will be our Chef's choice.

Appetizer Options

| Tomato, strawberry and feta cheese salad, puffed quinoa, basil vinaigrette | |
|--|-------------------|
| Yogurt and coconut milk panna cotta, fresh and compote pineapple, granola | |
| Caramelized onion and apple tartlet, Madelaine sheep milk cheese, sunflower seeds, sliced almonds, balsamic reduction, arugula | Ø |
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| Main Course Options | |
| Waffles with herb confit duck from Lac Brome, soft-boiled egg, asparagus, Hollandaise sauce, chive sour cream — | |
| Local rainbow trout fillet, lemon confit and herb quinoa, tomato and sea buckthorn virgin sauce, black olive puree, fried capers | |
| Flatbread, Quebec lamb, roasted squash, feta cheese, pine nuts, red onions, arugula, dukkah spices, yogurt sauce | |
| General Tao-style fried tempeh, basmati rice, seasonal vegetables | 60 🛞 |
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| Dessert Options | |
| Salted caramel mousse, butternut squash puree with ginger, fresh fruit | |
| — Hazelnut chocolate cake, blackberry jam, fresh fruit | |
| – Vanilla cheesecake, black cherry coulis, fresh fruit | |

Served with regular coffee, tea or herbal tea

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